

Grande Vista Bay Newsletter Edition #11 June 2025



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Photo: Kathy Zimling-Hart

GVB Chatbox

A Message from the GVB Board of Directors

SECOND QUARTER OF 2025 - A LOOK AT THE COMMUNITY

GVB
Newsletter
Highlights



It's been another busy quarter for the Board as we continue to work on improving our communications through Board Briefs, eBlasts, our updated GVB Website, and of course our GVB Newsletter.

In addition to communications, we have been working on a number of new initiatives such as consolidating and simplifying our Policy and Procedure documents to make it easier for future boards to continue.

The BOD has also been focusing on our regular business of reviewing financials, addressing questions and complaints from members, and performing regular maintenance needed to maintain our Clubhouse, Docks, Roads, Gates, and Fences as highlighted in this Newsletter.

We sincerely hope you enjoy the summer in our great community and as always, the Board welcomes your questions, comments, and suggestions.



GVB Updates

Work orders that the BOD received

March -June 2025

- Speeding complaints (complaints about residents speeding as well as contractors)
- Clubhouse reservation request
- For replacement of a stop sign and street sign
- For contractors leaving streets a mess at end of day
- For negligence of contractors digging on a lot without having the Xfinity line marked and internet service was cut off to parts of the west side.
- Boat Cleaning in driveway request
- Dog Barking complaints
- Maintenance issues at the clubhouse
- Complaints about vacant lots and downed trees that need to be cleared
- To plant trees
- Request to overnight park at a dock
- To remove trees
- Bocci ball reservations
- Pickleball reservation
- For an improvement to their deck
- Complaint of a boat and trailer parked in a driveway
- Caring for our American flag concerns

Total of 39 W/O from March 12-June 11, 2025

The BOD would like to thank everyone for letting them know of their concerns and letting us know what is happening within the community.

Please watch your speed. We have more and more people moving into the area which means more people are walking. It is too late when someone gets hit.

Be considerate of your neighbors.

If you are building a home, please let your contractor know to clean the streets at the end of the day.

All dogs should be on a leash while walking in GVB. Your dog may be great walking off leash but not everyone is comfortable when they see a dog not on a leash.

Please realize some people are terrified of dogs.

GVB is a beautiful community. We need to keep it a beautiful and safe place that people want to live.

GVB Updates

| FINANCIAL SUMMARY | | | |
|----------------------|-----------|-----------|------------|
| May 2025 YTD | ACTUAL | BUDGET | VARIANCE |
| TOTAL INCOME | \$305,386 | \$305,135 | \$251 |
| OPERATING EXPENSES | \$91,433 | \$192,279 | -\$100,846 |
| CASH FLOW | \$213,953 | \$112,856 | \$101,097 |
| RESERVE CONTRIBUTION | \$65,065 | \$65,065 | \$0 |
| DEPRECIATION | \$61,040 | \$61,050 | -\$10 |
| NET INCOME | \$87,848 | -\$13,259 | \$101,107 |

Note: Less Mowing billed than incurred & Less Clubhouse Maintenance

Road Maintenance Continues

The Full Depth Reclamation of 1.5 miles of East Shore Dr (see photos below) was completed in June to restore the road and address all the significant potholes, cracks, and ruts on the oldest section of our road in GVB. This new section of road will give us another 20 to 25 years before we need any major repairs. The crack-filling and sealing work on the west side roads will continue throughout the summer. Sealing these roads will delay the need for more expensive repairs and resurfacing that will eventually be necessary.

If there are any questions, please feel free to contact one of the BOD members.



GVB Updates

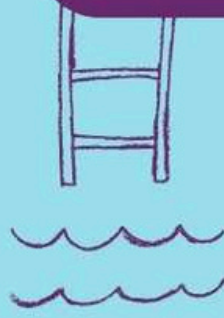
Pool Maintenance Completed



The pool was resurfaced and lighting repaired in May just before opening on May 23rd.

This year we are using a Saltwater Cell System to maintain water quality and chlorination. This process was completed in June. By using the saltwater system, we do not have to close the pool for several hours twice a week to add chemicals.





GVB Updates

AT THE
pool

Be Courteous!

REMINDER!
Please follow the pool rules. If you have guests, ask them to follow the rules. **Guests are to be accompanied by an owner.**



Please remember when leaving the pool area that umbrellas are closed and returned to the racks on the fences. Remember to lock the gates. There have been numerous times that the umbrellas were found open and the gates unlocked.

GVB Updates



Clubhouse & Pool Cleanup

When you have an event at the clubhouse take your trash out to the trash room. If more than one (1) trash bag, please take trash from events home with you.

Do not leave it in the clubhouse. Bags are available.

No one is picking up after you!

The Clubhouse

If you see something; say something --
Put in a work order on Community Pro

The Clubhouse DOES NOT have anyone on site daily. If you see something that needs repaired, is leaking, needs changed, etc., please report it by submitting a work order on Community Pro.
OR if it is URGENT, please contact one of the Board members



Your GVB newsletter comes out quarterly (Mar, Jun, Sep & Dec). Have something to contribute? Have a story to tell? Have photos you want to share? Want to start a new section? Whatever it is, send your info and ideas to karen.malone1@gmail.com.

GVB Updates

Gate Team Update

Last year, the Gate Team and Board of Directors successfully negotiated a new Comcast contract covering our Clubhouse and Gates.

This agreement will save our community approximately \$14,000 annually compared to our current costs.

The upgraded system will operate on a Meshed Network, enabling Comcast to detect when a specific gate is experiencing issues. Instead of waiting days for assistance, we'll now benefit from a 4-hour response time, ensuring quicker resolutions to problems.

You may notice Comcast trucks near our gates in the coming weeks as we transition to the new system.

Please note that the gate system operates on a separate circuit from your home Comcast service, so no gate downtime is expected—we'll maintain the old system until the new one is fully operational across all gates.

If you have any questions, feel free to reach out to our team. The best way to contact us is by submitting a work order through Sentry Community Pro.

Building a home or using contractors? Remind your Contractors....

If you are building a home, please let your contractor know to clean the street at the end of the day.

Also, please advise them to let their subcontractors know to please watch their speed within our community. Thank you!

GVB Updates

AED Defibrillator Tech Brief June 2025

Welcome to your AED Defibrillator guide. This brief is designed to help you become familiar with using our AED with ease and confidence. In an emergency, you must use the verbal instructions provided by the AED device.

What is an AED:

An AED, or Automated External Defibrillator, is a life-saving medical device designed to help individuals experiencing sudden cardiac arrest or life-threatening heart rhythms. It works by analyzing the heart's electrical activity and, if necessary, delivering a controlled electric shock to restore a normal heartbeat. AEDs are user-friendly and often found in public places, enabling bystanders to provide critical assistance before emergency medical services arrive.

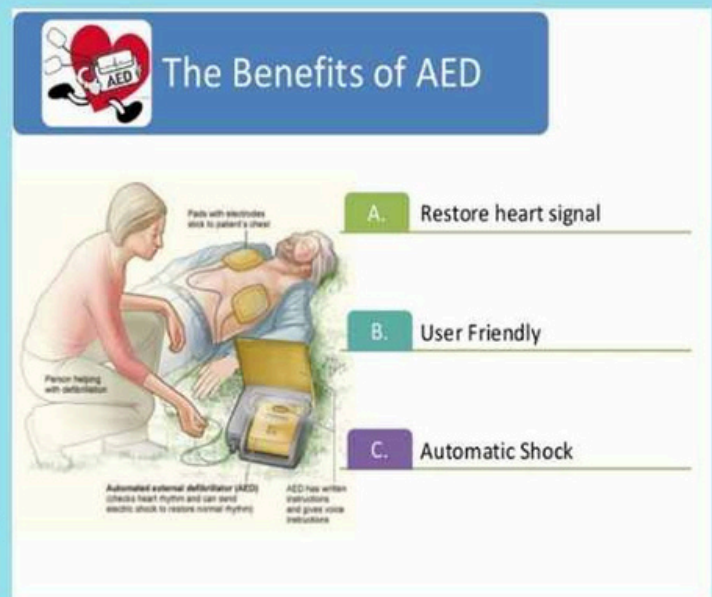
Location:

Currently, our AED is located inside the Clubhouse. If you enter through the main door, it's on your left, mounted on the library corner wall. If you enter through the side door, it's directly to your left, hanging on the wall.

GVB Training Session Announcement:

We are pleased to announce that GVB will be hosting a training session at our GVB Clubhouse --date TBD – Watch for more information. This session will be conducted by a certified trainer from the Rockwood Fire Department and will cover essential CPR and AED training.

This is a valuable opportunity to gain life-saving skills from experienced professionals. We encourage all participants to attend and make the most of this hands-on training. You could Save a Life someday!!!



GVB Updates

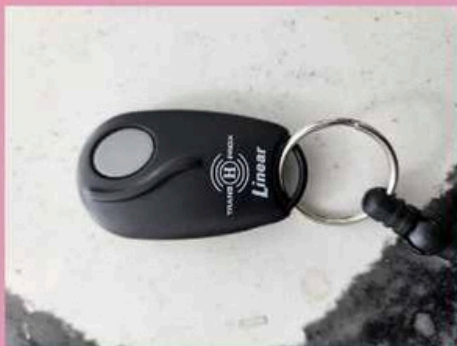
CellGate FOB Guide

Welcome to your CellGate fob guide. This brief is designed to help you become familiar with using your CellGate fob with ease and confidence. "This guide offers step-by-step instructions and key tips for using your CellGate fob, and where to use them.

Your Cellgate fob can be programmed and used at the Clubhouse doors, Bathroom doors and at all Gates within the community.

Fob battery and replacement

- Just a quick note: your CellGate fob uses a CR-2016 battery, which typically lasts a year or more depending on how often you use it.
- If you notice the signal isn't as strong as usual, the first thing to try is replacing the battery. It's easy! On the side of your fob, you'll see a small notch—just insert a coin or a flathead screwdriver there to gently pop it open. Slide out the old battery, pop in the new one, and snap the cover back on. You're good to go! Using Your Fob at the Clubhouse or Bathrooms
- When you're at the Clubhouse or bathroom doors, simply hold your fob up to the receiver—no need to press any buttons. Just a quick tap against the reader and you're in! Don't have an account or a fob contact: Debbie McCoy, our property manager. Phone: 865-354-1671 or Email: dmccoy@sentrymgt.com Debbie can mail a programmed fob to your home for about \$40.00.



GVB Updates

CellGate FOB (Cont'd)

- **Using Your Fob at the Gate** --When you're at one of our gates, just point your fob toward the small antenna located at the top of the CellGate box. No need to keep clicking—just press the button once and hold it for a moment while pointing at the antenna. That's all it takes! Each gate has different signal strengths, so get close to the antenna. **Alternative**
- **Gate Access Method** – As a second option, you can hold your fob against the wireless symbol located at the bottom of the CellGate box. Hold it there for a few seconds, and the gate will open—no button press needed!
- **Using the CellGate Mobile App**
- You can also use the CellGate app to open gates—perfect for letting in visitors or service providers from the comfort of your home. All gates are equipped with Comcast hardwired internet, allowing cellular service and allowing remote access via your phone.
- To get started, simply download the app from the App Store (for iPhone users) or Google Play Store (for Android users). Once installed, follow the setup instructions to connect your account and start using your phone as a remote gate opener! Don't have an account, contact Debbie McCoy, our property manager. Phone: 865-354-1671 or Email: dmccoy@sentrymgt.com
- **CellGate Emergency Support** – If you're experiencing issues with gates such as not opening or malfunctioning— please contact CellGate Emergency Support at 865-419-0345. This number is strictly for gate-related technical support. Important: The support team cannot grant access to vendors or guests. It is the homeowner's responsibility to manage entry for any visitors or service providers. When you call, you'll hear a recorded message asking you to leave the following details: Your name Your phone number The specific gate you're having trouble with Your message will be forwarded to our gate support team, who will follow up to resolve the issue as quickly as possible.



GVB Homes for Sale

Houses Active 10

- 216 Majestic View Dr. \$1,350,000
- 220 W Mountain Dr. \$800,000
- 340 W Mountain Dr. \$2,900,000
- 113 Crane Pointe \$3,518,000
- 378 Walking Horse \$600,000 to be built
- 380 Walking Horse \$600,000 to be built
- 241 W Shore Dr \$895,000
- 243 E Shore Dr \$989,000
- 265 E shore \$1,850,000

Houses Pending 2

- 539 Thief Neck View Dr. \$850,000
- 307 W Shore Dr \$1,350,000

Houses Sold 0

Lots

Active 53, Pending 2, Sold 17

Single Family Homes - May 2025

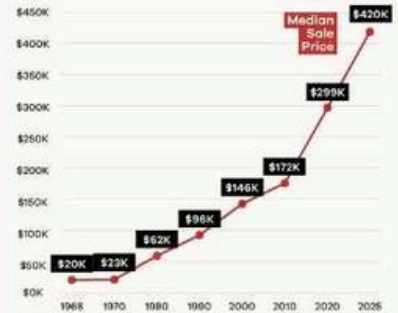
HOUSING MARKET UPDATE

- Median Sales Price: **\$370,000** (up 1.4% from May 2024)
- Sold Listings: **1,811** (down 4.8% from May 2024)
- New Listings: **2,919** (up 11% from May 2024)
- Pending Listings: **1,915** (up 8.5% from May 2024)
- Median DOM: **19** (up from 13 days in May 2024)



realtor.com

The cost of a home has increased by **1,967%** since 1968
→ from **\$20K** to **\$420K**



GVB Home Construction/Improvements



Grande Vista Bay ACC Statistics

| Item | Qty |
|---|-----|
| Total Homes Currently Under Construction (4 East Side, 15 West Side) as of 6/16/25 | 19 |
| Approved Applications Not Yet Started | 7 |
| New Construction Application Submitted in 2024 | 15 |
| New Construction Applications Submitted in 2025 to date | 10 |
| New Homes Completed in 2025 to date | 10 |



East Tennessee Real Estate Market Update: A Balanced Spring Brings Opportunity for Buyers and Sellers

As we moved into the heart of spring, May 2025 delivered encouraging signs that East Tennessee's real estate market is settling into a healthier rhythm. While homes are still selling, the breakneck pace of recent years has eased, creating a more balanced environment for buyers and sellers alike.

Here's a quick look at how the market performed in May:

New Listings: Fresh inventory continues to hit the market, with nearly 2,900 new listings added in May. This is great news for buyers who faced tighter choices last year, and a reminder for sellers that presentation and pricing matter more than ever.

Active Listings: Inventory is growing. With nearly 9,500 homes on the market, buyers are seeing more options than they've had in years. Sellers should expect more competition and work closely with their agent to stand out.

Sales Pending: Pending sales held steady at 2,013, showing that buyers are still making offers—but doing so with more care and intention. Homes in desirable areas and well-prepared listings continue to attract strong interest.

Closed Sales: Just under 1,800 homes closed in May—a solid pace, though buyers are clearly taking more time to make decisions. Sellers should be prepared for longer timelines and more negotiation.

Months of Supply: At 5.4 months of inventory, East Tennessee has returned to a balanced market. Buyers have more leverage and negotiating power, while prices remain stable—a win for both sides.

Median Sales Price: Home prices remain strong, with the median sale price holding steady just over \$372K. Buyers can feel confident about long-term value, and sellers can be reassured about pricing stability.

Average Days on Market: Homes are now spending an average of two months on the market—reflecting a more thoughtful, less pressured buying process.

What It Means for You: The East Tennessee market today is smart, steady, and increasingly strategic.

•Sellers: Prepare, price, and market wisely. Today's buyers are informed and deliberate.

•Buyers: You've got more leverage than in recent years. Use it to make confident offers that reflect current market conditions.



Real Estate Market Update

June 2025



Lots for Sale

June 2025

| Lot | STREET | PRICE | LOT SIZE |
|-------------|-----------------|---------|----------|
| Lot 50 | East Shore | 90,000 | 0.73 |
| Lot 54 | East Shore | 68,000 | 3.1 |
| Lot 55 | East Shore | 65,000 | 1.03 |
| Lot 63 | East Shore | 59,000 | 1.34 |
| Lot 65 | New Hope Rd | 59,900 | 2.15 |
| Lot 80 | East Shore | 30,000 | 0.49 |
| Lot 94 | Bay Shore | 45,000 | 0.9 |
| Lot 95 | Bay Shore | 116,000 | 1.61 |
| Lot 117 | East Shore | 95,000 | 1.3 |
| Lot 127 | East Shore | 34,900 | 0.76 |
| Lot 132 | East Shore | 75,000 | 1.54 |
| Lot 145 | Ridge Top | 69,999 | 1.05 |
| Lot 146/147 | East Shore | 145,000 | 1.36 |
| Lot 151 | East Shore | 49,900 | 0.75 |
| Lot 156 | East Shore | 35,000 | 1.01 |
| Lot 192 | East Shore | 70,000 | 1.18 |
| Lot 232 | Star Lane | 39,900 | 0.78 |
| Lot 239/240 | Appaloosa Trail | 160,000 | 4.32 |
| Lot 316 | West Mountain | 100,000 | 5.06 |
| Lot 319 | West Mountain | 35,000 | 5.84 |
| Lot 323 | West Mountain | 94,900 | 3.42 |
| Lot 350 | Water View | 29,000 | 1.17 |
| Lot 355 | Water View | 35,000 | 1.01 |
| Lot 360 | Water View | 23,900 | 1.46 |
| Lot 363 | West Mountain | 180,000 | 3.17 |
| Lot 379 | Thief Neck View | 35,000 | 0.83 |
| Lot 382 | Thief Neck View | 60,000 | 1.27 |
| Lot 383 | Thief Neck View | 48,900 | 0.98 |

| Lot | STREET | PRICE | LOT SIZE |
|-----------------|-----------------|---------|----------|
| Lot 384 | Thief Neck View | 90,000 | 2.12 |
| Lot 396 | West Mountain | 105,000 | 1.67 |
| Lot 422 | West Mountain | 349,900 | 0.82 |
| Lot 462 | Water View | 39,000 | 1.56 |
| Lot 475 | West Shore Dr | 81,500 | 2.04 |
| Lot 476 | West Shore Dr | 77,500 | 1.94 |
| Lot 487 P | West Shore Dr | 49,900 | 1.15 |
| Lot 509 | Walking Horse | 75,000 | 1.8 |
| Lot 510 | Walking Horse | 55,000 | 1.8 |
| Lot 518 | Walking Horse | 42,900 | 0.8 |
| Lot 540 | Eagle Ridge Dr | 45,000 | 3.61 |
| Lot 542 | Eagle Ridge Dr | 35,000 | 0.85 |
| Lot 543 | Eagle Ridge Dr | 29,500 | 0.82 |
| Lot 546 | Eagle Ridge Dr | 42,000 | 0.96 |
| Lot 551 | West Shore Dr | 60,000 | 0.63 |
| Lot 557 | New Hope Rd | 29,900 | 1.76 |
| Lot 614 | Roaming Fawn | 49,000 | 2.27 |
| Lot 637 | Majestic View | 80,000 | 1.74 |
| Lot 643 | Majestic View | 18,000 | 1.33 |
| Lot 644 | Majestic View | 18,000 | 1.22 |
| Lot 645 | Majestic View | 18,000 | 1.37 |
| Lot 644/645 | Majestic View | 44,750 | 2.59 |
| Lot 643/644/645 | Majestic View | 52,000 | 3.92 |
| Lot 647 | Majestic View | 120,000 | 1.64 |
| Lot 677 | Coyote Ridge | 49,900 | 0.9 |
| Lot 686/687 | Grande Vista | 29,900 | 1.82 |
| Lot 704/705/706 | Grande Vista | 300,000 | 4.22 |
| | | | |

What's Happening in GVB

GVB Memorial Day Ceremony

submitted by Bruce Pharis

Memorial Day is a time for all Americans to remember the sacrifice our men and women who lost their lives protecting our freedom.

This year we were honored to have a Roane County Executive join us for our service. The Ceremony started with the raising of our flag by Army Captain Dwain Alexander and our pledge of Allegiance lead by Navy Petty Officer Jon Toth. This was followed with a moment of silence so everyone could pray in their own way.

Navy Lieutenant Bruce Pharis gave a short presentation concerning the 250th anniversary of the US Navy in Philadelphia, Pennsylvania which he and wife will be attending.

Our meeting was then turned over to Navy Captain Randall Hess who gave an informational talk about NATO as he was stationed in the Kingdom of Belgium.

One of the highlights of his talk was about Flanders Fields and the poem composed in 1915 by Canadian physician Lieutenant-Colonel John McCrae: In Flanders Fields.

America the Beautiful was sung, mostly off key, by the gathering.

Drawing near to the end of the program, a three gun salute was heard followed by two trumpets playing taps with trumpets resonating the other Trumpet.



Navy Lt. Bruce Pharis, Roane County Executive Wade Creswell, and Navy Captain Randall Hess.



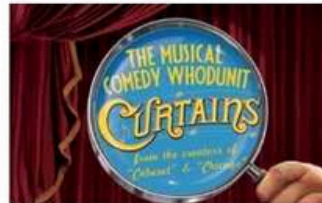
What's Happening in GVB

GVB THEATER

Mark your calendars for our upcoming community events at the Cumberland Playhouse in Crossville!



**9 To 5 on
August 14th at
2:30 pm CST**



**Curtains on
October 25th at
1:00 pm CST**

Author & GVB Neighbor Russell Fine



Russell Fine, Author, has released his latest book,
"The Artifact."

Author of Science Fiction Mysteries
Action/Adventure and Political Fiction
Novels

<https://www.novelsbyrussfine.com/>

All books are available on Amazon in
print or Kindle.



What's Happening in the Area

Spirit of Hope Ranch Home of Mane Support



A reminder not to feed the horses.
Some are on special diets.
There are many reasons not to feed horses and
one of those is safety.
Diets and loss of fingers are just a couple of
good reasons.

Mane Support needs Volunteers!

There are many types of opportunities from
working in the barn to communications, events,
social media, the Celebration Garden, grounds
keeping, handyman, volunteer lead, etc.

Please consider Volunteering!

Contact Mane Support at
ManeSEvents@yahoo.com



What's Happening in the Area

Open Chord, Knoxville



Open Chord Venue
865-281-5874

8426 Kingston Pike, Knoxville, TN

Music Store Hours
Mon-Sat: 10am - 7pm
Venue/Bar/Cafe Hours
Wed-Sat: 6pm - 12am

OC Blues Jam ft. Roger Hay
Wednesday June 18
Doors 6:00pm, Start 7:00pm
The Open Chord - Knoxville, TN

Chris Marshall presents Open Mic Night
Thursday June 19
Doors 6:00pm, Start 7:00pm
The Open Chord - Knoxville, TN

NinjaWitch
Saturday June 21
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

This Will Destroy You.
Wednesday June 25
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Mike Hanford
Thursday June 26
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Mitchell Ferguson
Friday June 27
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Karin Wren's Taylor Swift Experience
Monday June 30
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Uncaged: Zac Brown Tribute
Tuesday July 1
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Faster Pussycat
Thursday July 3
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

OVERTIME: The Long Way Home Tour
Saturday July 12
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Crystal Ship - A Tribute to The Doors
Monday July 14
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Gunshine
Wednesday July 16
Doors 6:30pm, Start 7:30pm
The Open Chord - Knoxville, TN

Pretty Tied Up (Guns N' Roses Tribute)
Thursday July 17
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Electric Citizen
Thursday July 24
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Heartsock
Friday July 25
Doors 6:00pm, Start 7:00pm
The Open Chord - Knoxville, TN

Fleetwood Mac - A Tribute to Fleetwood Mac
Friday August 1
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Flying High Again - OZZY Tribute
Saturday August 2
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

11:59
WOODMAC TRIBUTE
A FLEETWOOD MAC EXPERIENCE
Friday, August 1, 2025 at 10 PM
Fleetwood Mac - A Tribute to Fleetwood Mac
Public - Event by Fleetwood Mac Tribute and Open Chord Stage

Meat Loaf - The Ultimate Meat Loaf Tribute
Sunday August 3
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Ben Nichols
Wednesday August 6
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Hell's Belles (All-Female AC / DC Tribute)
Thursday August 7
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Cry Baby - Janis Joplin Experience
Friday August 8
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Tangled in Blues | The Dirty Doug's
Saturday August 9
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Philip Bowen
Thursday August 14
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Letterbomb - A Tribute to Green Day
Saturday August 16
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Tyler Hilton: Celebrating the Music of 'One Tree Hill'
Thursday August 21
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

SPANK - The Ultimate 80's
Friday August 22
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

The Dave Matthews Tribute Band
Wednesday August 27
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

The Kings of Queen: A Premiere Tribute to Queen
Thursday August 28
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Derrick Dove And The Peacekeepers
Friday August 29
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

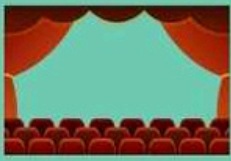
Failure 2 Conform | Answers in Blood | Triangle Fire | Rough Dreams
Saturday September 6
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Pierre Bensusan
Saturday September 13
Doors 6:00pm, Start 8:00pm
The Open Chord - Knoxville, TN

Cosmic Supreme Tour featuring John Mark McMillan + Citizens
Tuesday September 16
Doors 6:00pm, Start 7:00pm
The Open Chord - Knoxville, TN

Bit Brigade
Thursday October 2
Doors 6:30pm, Start 7:30pm
The Open Chord - Knoxville, TN

The Brothers Comatose
Thursday October 9
Doors 7:00pm, Start 8:00pm
The Open Chord - Knoxville, TN



What's Happening at the Princess Theatre



LEVI KREIS
BROADWAY BACK HOME
WITH SPECIAL GUEST JASON ANTONE

"A star really did pop, Kreis tears up the stage!" - The Chicago Tribune
"Effortless comedic timing and dazzling piano chops!" - Huffington Post
"To watch Levi play the piano is like watching somebody speaking in tongues." - Lou Brubaker, SiriusXM Radio
"The charisma of Kreis's performance makes each song wholly accessible, allowing listeners to bask in the power and majesty of each beloved lyric and melody." - BroadwayWorld.com
"Brilliant" - New York Magazine

TONY AWARD WINNER

GET TICKETS

SUNDAY, JULY 6 | 3PM
THE PRINCESS THEATRE 421 NORTH ROANE STREET HARRIMAN, TN
FOR TICKETS AND MORE INFO, VISIT WWW.LEVIKREIS.COM

Comedian Jon Reep: The Carolina Reeper

Friday, August 29
7:30 PM

Tickets available through itickets.com

Floor Reserved A-G \$59
Floor Reserved H-Q \$41.30
Prices will increase by \$5 the day of the event.

Twin to Stone **AUG 22, 2025**
A Tribute to ELO **PRINCESS THEATRE**
HARRIMAN, TN

Tickets available online at www.princessharriman.org OR by calling The Princess Theatre Box Office at (865)-882-4530

What's Happening in the Area 4th of July Independence Day!



ARROWHEAD RESORT PRESENTS
4TH OF JULY INDEPENDENCE DAY
★★ CELEBRATION ★★
RHEA SPRINGS | FOOD TRAILER REVIVAL | OPEN

Food Starts @ 4pm - Live Music @ 7pm - Fireworks @ Dark
No Outside Beverages Permitted
Beverages Available for Purchase Onsite
Limited Parking Quota - \$10 Per Car

Friday, July 4, 2025 at 4 PM
4th of July Celebration @ Arrowhead Resort!
261 Bennett Dr, Spring City, TN, United States, Tennessee 37381



INDEPENDENCE DAY CRUISE
CRUISE 7-9 FIREWORKS DOCKSIDE 9-10

MENU:

- BBQ PORK
- BLACKENED CHIKGEN
- BAKED BEANS
- MAC & CHEESE
- POTATO SALAD
- COLE SLAW
- COBBLER

Tennessee Riverboat - Follow
22k · 43

Spectacular July 4th Firework Cruise! 🇺🇸 Celebrate Independence Day in style! Cruise with us along the river and enjoy the best views of the fireworks, delicious food, and unforgettable memories.

📅 Date: July 4
🕒 Departure: 7:00
🎫 Tickets: tnriverboat.com

Spaces are limited, so grab your seat today! Let's make this 4th of July one for the books!



THE CITY OF HARRIMAN PRESENTS
THE 37TH ANNUAL
HOORAY for HARRIMAN
LABOR DAY STREET FESTIVAL

DOWNTOWN MERCHANTS OPEN
HUGE VENDOR MARKET
FOOD TRUCKS
FREE ADMISSION
FESTIVAL HIGHLIGHTS.....

LIVE MUSIC
MISS LABOR DAY PAGEANT
CAR SHOW
TWA WRESTLING
KIDS RIDES & BOUNCE HOUSES

BLOCK OF BOUNCE HOUSES & OBSTACLES COURSES | INFLATABLE
FOAM PIT | PONY RIDES | CAROUSEL | MID TRAIN RIDES |
COBBLER CONTEST | DUNKING BOOTH | PHOTO STATION |
.....SPINNING TEA CUPS & SO MUCH MORE!

SEPT 1 ★ **10-4**



Kingston Kingston
SMOKIN' THE WATER 2025

5:00PM-END OF FIREWORKS SHOW

333 W. Race St.
Kingston, TN 37763

4TH OF JULY

KINGSTON PARKS AND RECREATION



Free
FIREWORKS & GLOW PARTY

FIREWORKS BEGIN AT 9:00 PM
GLOW PARTY 8:00 PM

JULY 4TH @ CROSSVILLE KOA
6575 US-70 CROSSVILLE, TN 38555

CROSSVILLEKOA.COM

Friday, July 4, 2025 at 9 PM EDT
4th of July Fireworks & Glow Party
6575 US-70, Crossville, TN, United States, Tennessee 38555

What's Happening in the Area



DREAMS
A FLEETWOOD MAC Experience
Facebook.com/DreamsKnoxville

Wednesday, August 20, 2025 at 3 PM – 4 PM

Dreams: A Fleetwood Mac Experience
The Loudon Theater



PEACH FESTIVAL
SATURDAY 06.28.2025 10AM-3PM | 184 COUNTY ROAD 323 SWEETWATER, TN 37874
Farm Fresh Peaches | Kids Activities | Live Music | Food Trucks | Vendors
ADMISSION: \$5/ADULT; 12 & UNDER FREE
Sammie Jones | Mason McClary

Saturday, June 28, 2025 at 10 AM – 3 PM

Dirt Poor Farm Peach Festival
184 County Road 323, Sweetwater, TN



SHOP THE MARKET AT™ PRESENTS
AUG 23RD 10AM-5PM | AUG 24TH 11AM-4PM
WATERMELON FESTIVAL
LIVE ENTERTAINMENT!
MCDONALD FARM
16705 COULTERVILLE RD. SALE CREEK, TN

Aug 23 at 10 AM – Aug 24 at 4 PM

Watermelon Festival
Old McDonald Farm



CITY OF HARRIMAN PRESENTS
STARTS 7 PM
DRIVE-IN Movies
Saturday JULY 26TH
YOU VOTE FOR WHAT MOVIE YOU WANT!
MOVIE 1:
MOVIE 2:
FREE EVENT
RIVERFRONT PARK 301 ENDRY DR. STARTS AT DUSK

Saturday, July 26, 2025 at 8 PM

Drive-in Movies on the River
David Webb Riverfront Park



OAK RIDGE TENNESSEE SUMMER SESSIONS

Saturday, July 19, 2025 at 10 AM – 7 PM

Third Saturdays in Downtown Clinton
Market, Main, Cullom Streets and Eagle Bend Rd, Clinton, TN, United States

What's Happening in the Area



Saturday, August 2, 2025 at 5 PM

Makers Market Summer BLUEGRASS & BEIGNETS Event

McArthur Pavilion on Maryville College Campus 502 E Lamar Alexander Pkwy, 37804



Saturday, September 27, 2025 at 9:30 AM

Thief Neck Island Paddle Quest

1500 Pumphouse Rd, Rockwood, TN, United States, Tennessee



Saturday, August 16, 2025 at 7 PM

Live at Brushy - Jamey Johnson

9182 Hwy 116, Petros, TN, United States, Tennessee 37845

The Cackling Hens present

AUTUMN HALLOWEEN

Holiday Kickoff Craft Fair

When: September 27, 2025
Where: Highland Park Ruritan Club
860 US-321, Lenoir City, TN 37771
Time: 10am-4pm

HAPPY THANKSGIVING Merry Christmas



Saturday, September 20, 2025 at 6 PM - 9 PM

The Summer Sessions | Cruz Contreras & The Black Lillies & More

A K Bissell Park



Saturday, September 27, 2025 at 11 AM - 5 PM EDT

APPLE FESTIVAL - Crossville, TN Fairgrounds

1398 Livingston Rd, Crossville, TN 38571-5123, United States

What's Happening in the Area

ORNL FEDERAL CREDIT UNION

FREE CONCERTS

AUGUST 23 | 6:00-9:00 PM
AK Bissell Park – Oak Ridge, TN

JOIN US FOR LIVE MUSIC, FOOD & MORE!

THE SUMMER SESSIONS | Dan Tyminski and Amythyst Kiah
A K Bissell Park

THE SUMMER SESSIONS
OAK RIDGE TENNESSEE




Scots-Irish Festival

Historic Main Street: Dandridge, Tennessee

FREE ADMISSION



Friday, Sept. 26th 6:30 - 9:00 pm
Saturday, Sept. 27th 9:30 am - 9:00 pm

Opening Concert
- Food Truck
- Ale Garden

- Parade
- Pipe Bands
- Celtic Music
- Dance
- Clans
- Playground
- Dog Parade
- Vendors
- Tasty Treats
- Ale Garden

SCOTS-IRISH FESTIVAL

www.dandridge-scots-irish-festival.com | [Facebook](https://www.facebook.com/Dandridge-Scots-Irish-Festival) | info.scotsirishfestival@gmail.com

FALL MARKET
Admit One

SEPT 26-28

FOOTHILLS FALL MARKET

FOOTHILLS MALL IN MARYVILLE
THREE DAY MARKET — SEPT 26-28
Sep 26 at 10 AM – Sep 28 at 6 PM

Foothills Fall Market
Foothills Mall

XUL BEER COMPANY PRESENTS
KILL THE LIGHTS
BEER FEST

SATURDAY, OCTOBER 25th
at COVENANT HEALTH PARK
100 BREWERIES WITH OVER 200 DIFFERENT BEERS
LIVE DJ • VENDORS • FOOD

Saturday, October 25, 2025 at 11 AM

Kill The Lights Beer Fest 2025
Covenant Health Park

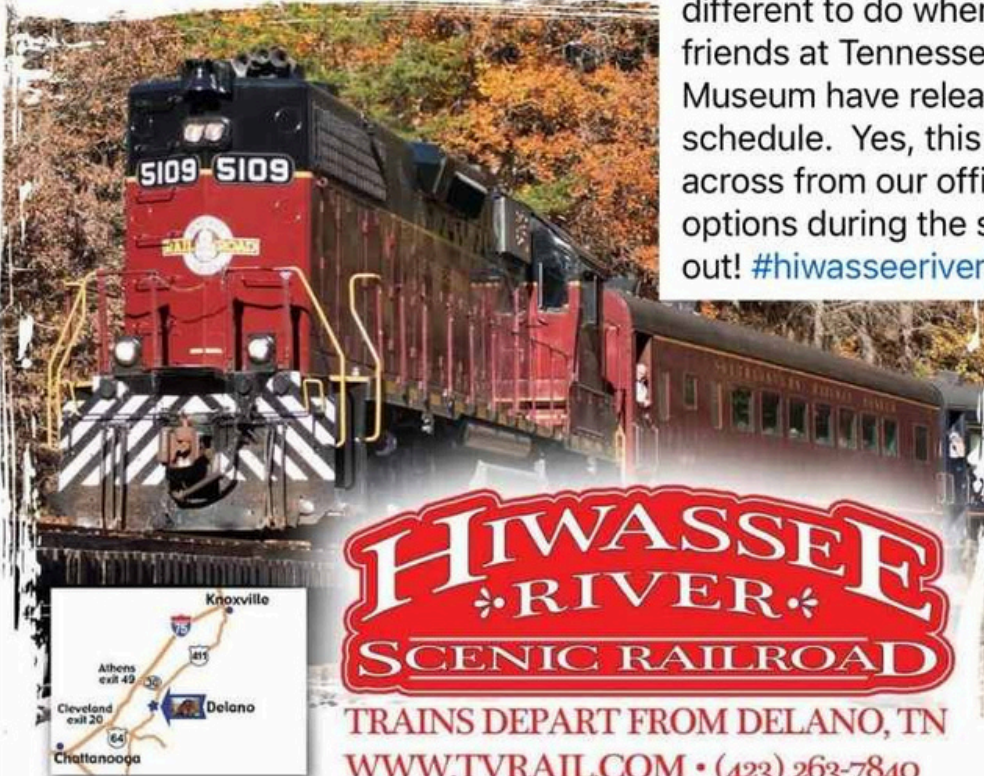



Saturday, October 4, 2025 at 4 PM – 6 PM

Flower Broom Workshop
232 S. Roane Street, Harriman, TN, United State

What's Happening in the Area

Are you looking for something exciting and different to do when you stay with us? Our friends at Tennessee Valley Railroad Museum have released their 2025 schedule. Yes, this is the train that sits across from our office. There are two trip options during the summer. Check them out! #hiwasseeriverscenicrailroad #tvrail



HIWASSEE RIVER SCENIC RAILROAD

TRAINS DEPART FROM DELANO, TN
WWW.TVRAIL.COM • (423) 263-7840

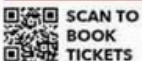


2025 SCHEDULE

| JANUARY | | | | | | | FEBRUARY | | | | | | | MARCH | | | | | | | APRIL | | | | | | | | | | | |
|-----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|--|--|--|--|--|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | | | | | |
| | | | | | | | | | | | | | 1 | | | | | | | | | | | | | | | | | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | 23 | 24 | 25 | 26 | 27 | 28 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 27 | 28 | 29 | 30 | | | | | | | | | | |
| | | | | | | | | | | | | | | 30 | 31 | | | | | | | | | | | | | | | | | |
| MAY | | | | | | | JUNE | | | | | | | JULY | | | | | | | AUGUST | | | | | | | | | | | |
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | 27 | 28 | 29 | 30 | 31 | 27 | 28 | 29 | 30 | 31 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | 31 | | | | | | | | | | | |
| SEPTEMBER | | | | | | | OCTOBER | | | | | | | NOVEMBER | | | | | | | DECEMBER | | | | | | | | | | | |
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | | | |
| 28 | 29 | 30 | 26 | 27 | 28 | 29 | 30 | 31 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | | | | |

- HIWASSEE LOOP RIDE**
Enjoy a 50-mile round trip up the beautiful lower Hiwassee River gorge. This 5 hour trip will take you to the top of the famous "Hiwassee Loop" where the tracks cross over themselves as they corkscrew up the mountain near Farmer, Tennessee.
- HIWASSEE HOLIDAY SPECIAL**
Join us for a festive holiday train ride - including a visit with Santa!

- COPPERHILL SPECIAL**
Take an extended day-trip excursion through the lower Hiwassee River Gorge, over the Hiwassee Loop, and on to the joint cities of Copperhill, TN, and McCaysville, GA. Total 94 miles roundtrip.
- Copperhill Christmas Shopping**
Enjoy a day relaxing on the train and supporting local vendors! 2-hour layover in Copperhill, TN



FREE PARKING TRAINSIDE AT: 9406 US HIGHWAY 411

02.28.25 PPG

What's Happening in the Area



This road trip will take you to 8 places in North Carolina where you can see beautiful waterfalls. Get the full map locations and details for this incredible waterfall road trip <https://cultural-creatives.kit.com/fed70a0f44>

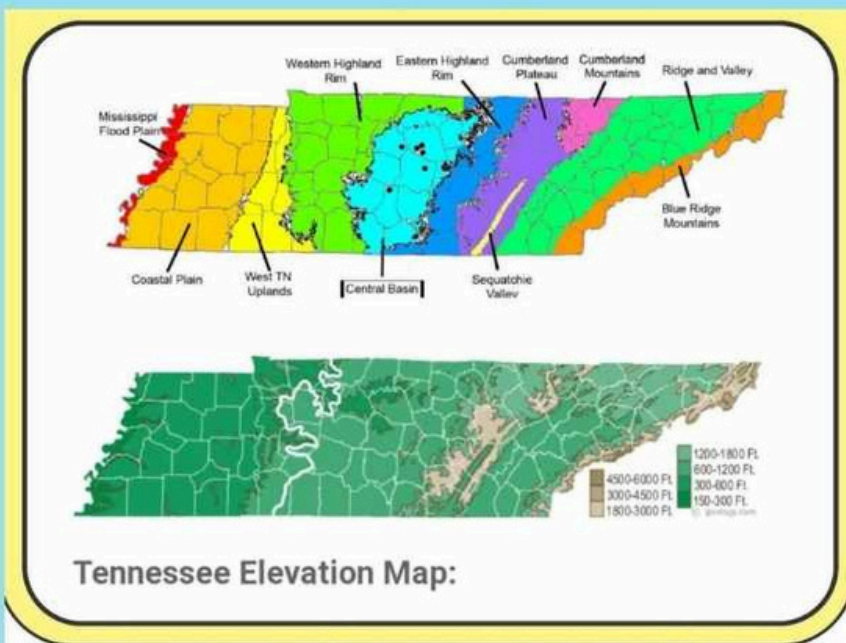
And you DO NOT want to miss it.

Some of these are amongst the best waterfalls in ALL of North Carolina!

Here's what the overall road trip would look like...

- 📍 Linville Falls
- 📍 Crabtree Falls
- 📍 Looking Glass Falls
- 📍 Moore Cove Falls
- 📍 Cove Creek Falls
- 📍 Sliding Rock
- 📍 Dry Falls
- 📍 Upper Whitewater Falls
- 📍 Chalk Ridge Falls Park

Get ready for an awe-inspiring adventure filled with natural beauty at every turn!



What's Happening in the Area

WATERFRONT DINING:

Dock It or Drive It!

submitted by Margo Remington

Whether you're cruising in by boat or rolling up by car, these lakeside restaurants offer good food, cold drinks, and beautiful views of Watts Bar Lake!

BLUE SPRINGS MARINA AND CROW'S NEST RESTAURANT

The GRAND OPENING for the all-newly remodeled Crow's Nest Restaurant in Ten Mile was April 5th. Check out their new 10-draft beer system and wine selection! It's lake-front dining with a family atmosphere. Enjoy weekly dinner specials, seasonal live music on Saturday nights, and karaoke every Thursday during the summer!

Thursday – Saturday: 11 a.m. – 10 p.m.

Sunday: 11 a.m. – 9 p.m.

bluespringsmarina.com

Follow them on Facebook: Blue Springs Marina and Crows Nest Restaurant

COVE CANTINA AT ROCKWOOD MARINA & RV RESORT

Stop by the Cove Cantina in Rockwood and try their Cantina Street Tacos with choice of shrimp, crispy or grilled chicken served with cotija and Colby jack cheeses, purple cabbage, fresh cilantro, and avocado. Other menu items include breakfast burritos, appetizers, salads, pizza tacos, sliders and more! Plus, beer and premixed cocktails!

Thursday – Friday: 12 p.m. – 8 p.m.

Saturday: 9 a.m. – 8 p.m.

Sunday: 9 a.m. – 4 p.m.

rockwoodmarinarvresort.com

Follow them on Facebook: Cove Cantina

THE EUCHEE MARINA RESORT & CAMPGROUND

Euchee Grill & Brewhouse in Ten Mile opened May 2nd for the season! It's a full-service restaurant that welcomes large groups! An extensive menu and full bar are available.

Their craft beer is made at Monkey Town Brewing Company in Dayton, TN.

Friday 5 p.m. - 10 p.m.

Saturday 12 p.m. - 10 p.m.

Sunday 12 p.m. - 8 p.m.

euchee marinaresort.com

Follow them on Facebook: Euchee Grill & Brewhouse

What's Happening in the Area

WATERFRONT DINING (Continued)

TERRACE VIEW MARINA

Opening Memorial Day for the season! Whether you are just looking for a quick bite before hitting the water, or a relaxing waterside dinner to watch the sunset – Terrace

View Marina in Spring City has you covered!

Thursday – Friday: 5 p.m. – 9 p.m.

Saturday: 12 p.m. – 9 p.m.

Sunday: 12 p.m. – 6 p.m.

terraceviewmarina.com

Follow them on Facebook: Terrace View Marina

CANEY CREEK RV RESORT & MARINA

Caney Creek Grille in Harriman is an open-air, family-owned restaurant with specialties including burgers, all-you-can-eat catfish on Thursdays, and cold beer! Happy hour

from 3 – 6!

Thursday: 11 a.m. – 9 p.m.

Friday: 11 a.m. – 11:30 p.m.

Saturday: 11 a.m. – 9 p.m.

Sunday: 11 a.m. – 4 p.m.

Follow them on Facebook: Caney Creek Grille

NICK'S LAKESIDE GRILL

American style bar and grill serving wings, burgers, and pizza! Taco Tuesday! Check out Nick's Lakeside Grill in Spring City.

Monday – Thursday: 4 p.m. – 9 p.m.

Friday: 4 p.m. – 10 p.m.

Saturday: 12 p.m. – 10 p.m.

Sunday: 12 p.m. – 9 p.m.

Follow them on Facebook: Nick's Lakeside Grill



Long Island Marina's 2025 Food Truck Line Up

Located at:
1060 Paint Rock Ferry Rd
Kingston, TN 37763

Mile Marker 571.5 by water

12PM - 5PM
Saturdays
Sundays &
Holidays

| MAY | JUNE |
|---|---|
| 17- Waffley Good 24- Queen's Crusty Crab 25- G's Saus 26- Waffley Good 31- A+E BBQ | 1-Ktown Burgers 7-Juan's Saus 8- Pizzzy Lizzy 14- Potato Chef 15- G's Saus 21-K-town Burgers 22- Queen's Crusty Crab 28- The Crave 29- Juan's Saus |
| JULY | AUGUST |
| 4-A+E BBQ 5-G's Saus 6-Ktown Burgers 12- Pizzzy Lizzy 13- Queen's Crusty Crab 18- Waffley Good 20- Potato Chef 28- The Crave 29-A+E BBQ | 2- The Crave 8-Juan's Saus 9- Pizzzy Lizzy 10- Potato Chef 16- Queen's Crusty Crab 17-G's Saus 23-Waffley Good 24- Pizzzy Lizzy 30-A+E BBQ 31- Queen's Crusty Crab |
| SEPTEMBER | |
| 1-Ktown Burgers 13- Waffley Good | |

Join us this summer for all these amazing trucks along with some ice cold beer!!





What's Happening in the Smoky Mountains



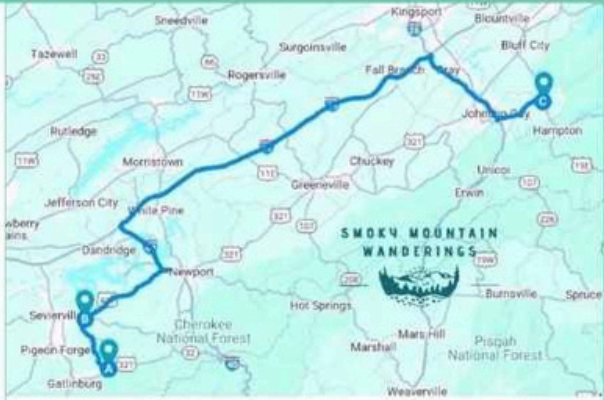
Looking for a peaceful Smoky Mountain drive with postcard-worthy views?

This covered bridge road trip winds through the Smokies with three scenic stops, each one full of charm and a little slice of history.

- Harrisburg Covered Bridge (Sevierville) – a 19th-century wooden bridge still in use today
- Emerts Cove Bridge (Pittman Center) – quiet, rustic, and perfect for photos
- Elizabethton Covered Bridge – a pedestrian gem right in the heart of town

Along the way, you'll find local BBQ, artsy detours, hidden trails, and those just-right mountain views that make a drive feel like an escape.

Whether you're a history buff, a backroad wanderer, or just looking for a scenic route with fewer crowds, this one's worth adding to your travel list.



SMOKY MOUNTAINS COVERED BRIDGES ROAD TRIP



Ancient Lore Village Fantasy-Themed Village in Knoxville, TN

www.ancientlore.com

LIKE NO PLACE ON EARTH

Fantasy-Themed Resort in Knoxville, TN

Located in the foothills of the Smoky Mountains, just 15 minutes from downtown Knoxville, Tennessee, Ancient Lore Village is a truly magical retreat destination. Our unique Village-style resort has been thoughtfully designed around fostering community and creating unforgettable memories.

Do I need a Reservation to Visit?

Every immersive experience at Ancient Lore Village requires either an overnight stay, reservation, or the purchase of a Day or Night Activity Pass. Learn more about our passes, events, and activities here.



What's Happening in the Smoky Mountains



Top 4 Swimming Holes in the Smoky Mountains

One fun way to beat the heat when you come to the Great Smoky Mountains National Park in the summer is swimming. Splash around in the cool water while admiring the timeless scenery.

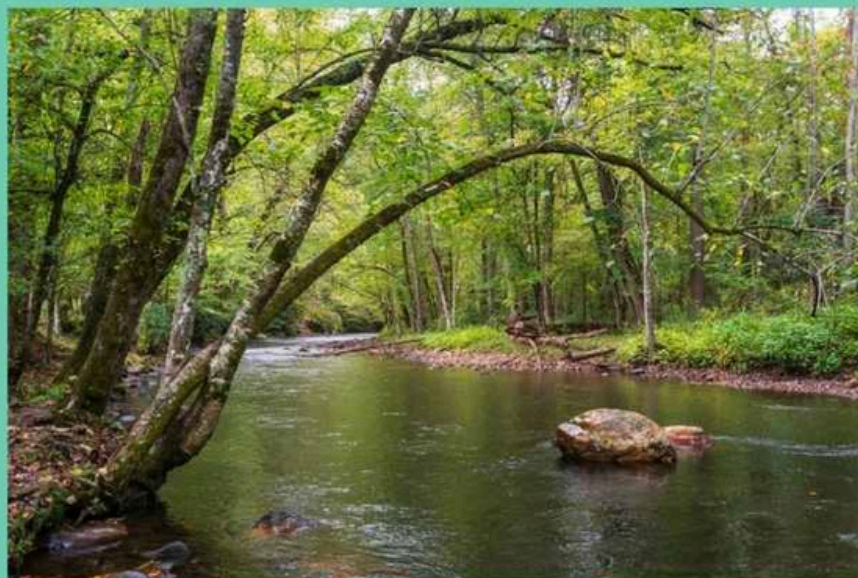
While not all the streams and creeks in the park are safe for swimming, there are several amazing spots to swim. With that being said, let us tell you how to reach some of our favorite Smoky Mountain swimming holes:

1. Midnight Hole

One place to go swimming in the Smokies is Midnight Hole. Hikers can find the spot on the Big Creek Trail. While the route is long at 10.4 miles roundtrip, Midnight Hole can be found at 1.5 miles from the trailhead. Keep an eye out for a tree with a white circle painted on it. Midnight Hole will be on your left. It has a 6-foot waterfall between two rocks that rushes into a deep pool. The plants in the water turn it green in color. Climbing on the rocks is not recommended, as they may be slippery!

2. The Little River at Townsend Wye

Another great Smoky Mountain swimming hole is the Little River at Townsend Wye. The best way to get there is by driving the Townsend entrance to Great Smoky Mountains National Park, located about 25 miles west of Gatlinburg. Townsend Wye is only about a mile past the entrance, where Lamar Alexander Parkway and Little River Road intersect and form a 'Y' shape. The Little River has several access points, which means plenty of parking! While the water is shallow near the shore, it does become deeper as you go further out. Along with swimming, tubing is another popular activity here.





What's Happening in the Smoky Mountains



Top 4 Swimming Holes in the Smoky Mountains

(Continued)

3. Metcalf Bottoms

You'll have a fun time swimming in the Smoky Mountains at Metcalf Bottoms. The area has a convenient location between Gatlinburg and Townsend. People of all ages will love being in the shallow creeks of the Little River. Fishing is another great activity to go along the water. Make sure you have the proper equipment along with a valid Tennessee or North Carolina fishing license. The picnic area is nearby, and it is a great place to have lunch! You can also explore the short Metcalf Bottoms Trail to see the Walker Sisters Cabin!



4. Greenbrier Swimming Hole

There is another part of the Little Pigeon River that extends out to the Greenbrier area of the Smokies. It can be reached from the main Greenbrier Road. Go for a relaxing dip after exploring one of the hiking trails, such as the Little Greenbrier Trail or the more strenuous Ramsey Cascades. You can also do some fishing in the Middle Prong of the Little Pigeon River. It is known for its rich population of trout. When you're done with all your activities for the day, go to the picnic area for a delicious lunch before heading back.

Now you know of some great Smoky Mountain swimming holes! Want to have even more fun along the water while you're exploring the national park? Check out our list of the best waterfalls in the Smoky Mountains!



Did You Know? A Little Southern History



In 1903, six sisters from Hindman, Kentucky, exemplified determination and resilience as they made the arduous daily journey to their settlement school, walking four miles each way. Hindman, located in the Appalachian foothills, was a remote region where access to education was limited, especially for children in rural areas. For these sisters, the trek was not just a matter of convenience, but of necessity, as the settlement school offered one of the few opportunities for formal education in the region. These young girls, dressed in simple, practical clothing, likely carried homemade books or materials wrapped in cloth, as they navigated through the mountainous terrain, often on foot, regardless of the weather or challenges.

The walk itself, through the rugged hills and valleys of eastern Kentucky, was a daily ritual that not only shaped their physical endurance but also bonded the sisters. It was common in this time and place for children to walk long distances to attend school, as rural communities often lacked school buses or other transportation options. The settlement school they attended was likely part of an effort to bring education to underserved areas, offering basic literacy, vocational training, and other life skills that could help the children improve their circumstances. For these girls, the school was a symbol of hope—a place where they could learn the skills to break free from the limitations imposed by their environment.



Despite the exhausting journey, the sisters likely saw education as a valuable privilege, something that could provide a way out of the hardships of rural life. Their dedication to attending school every day, walking four miles in each direction, reflects a profound commitment to bettering themselves and contributing to the future of their community. Education in such areas was not just about learning from books; it was about developing the tools needed for survival and progress in a challenging world. The image of these six sisters walking together, perhaps in the early morning light or at dusk after a full day of lessons, is a testament to the strength and perseverance of rural families in the early 20th century, who saw education as a path toward a better life, no matter the distance they had to travel.



Did You Know?



DID YOU KNOW an interesting geological fact is the Scottish Highlands, the Appalachians, and the Atlas are the same mountain range, once connected as the Central Pangean Mountains?

Ireland was once in the centre of this mountain range and in fact is one of the few places in the world that has mostly remained above sea level for as long as there have been oceans!

So remember, when you walk the hills of Ireland, some of them were once mountains perhaps as mighty as the Himalayas.

Join the mailing list for many more great stories!

<https://emeraldisle.ie/mailling-list>



A beloved racehorse died in 1930, inspiring Mars family to name their new chocolate bar "Snickers" in his memory. The candy became one of the world's best-selling treats, turning a family's loss into a lasting tribute that's sold billions of bars.



Fast Facts on NUCLEAR ENERGY

Nuclear fuel is **extremely energy dense**.



1 uranium pellet (~1 inch tall) is equal to



17,000 cubic ft of natural gas



149 gallons of oil



1 ton of coal

energy.gov/ne



Did You Know?



To be honest, I really value getting this reminder every year...



Poison Sumac



Poison Oak



Poison Ivy

MOST TOXIC HOUSEHOLD ITEMS & THEIR HEALTHIER ALTERNATIVES



Air Fresheners/Candles
Loaded with artificial fragrances and phthalates linked to cancer and infertility.



Essential oil diffuser
Essential oils not only smell good but they have medicinal and therapeutic properties.

Plastic Water Bottles
Contain endocrine disruptors linked to neurological problems, cancer, early onset of puberty and more.



Glass or stainless steel Bottles
Look for ones with non-plastic sleeves (silicone is great) to protect against shatters if dropped.

Insecticides
Chemicals are stored in the colon and poison you from the inside out. They also damage your nervous and endocrine systems.



DIY Recipe
Homemade mix of castile soap and peppermint essential oil with 1 gallon of water. Effective on slugs, ants and roaches

Flea and Tick Products
Contain OPs and carbamates which damage the nervous system. Children are especially susceptible to these.



Coconut Oil
Can be applied topically to the coat or given with food

Mothballs
Contains naphthalene which causes vomiting, respiratory distress and more.



Bay leaves
A cheesecloth filled with bay leaves, cedar chips, cinnamon stick, lavender and rosemary.

Oven Cleaners
Contains known carcinogens and other ingredients proven to aggravate allergies and irritate skin.



DIY cleaners
Sprinkle baking soda & vinegar on bottom of the oven. Heat to 150 degrees for 5 min, let cool then scrub.

Dryer Sheets
Most contain at least 7 hazardous chemicals, even some found on the U.S. EPA's Hazardous Waste List.



Wool Dryer Balls
Wool dryer balls are natural, environmentally friendly and long-lasting.

Glass Cleaner

DIY glass cleaners

60 THINGS TO THROW AWAY RIGHT NOW

(DECLUTTER CHALLENGE)

In the Kitchen

1. Expired spices and condiments
2. Chipped mugs and plates
3. Plastic containers with missing lids
4. Old takeout menus (you can find them online!)
5. Duplicate utensils you never use

In the Bathroom

- Expired skincare and makeup
- Dried-up nail polish
- Empty or shampoo bottles
- Broken hair ties and stretched-out scrunchies
- Old toothbrushes

In the Living Room

- DVDs/CDs you never watch or listen to
- Random cables you don't use
- Old magazines and newspapers
- Board games with missing pieces
- Throw blankets that have seen better days

In the Bedroom

- Worn-out socks with holes
- Clothes you haven't worn in a year
- Extra hangers cluttering your wardrobe
- Single earrings with no match
- Old, flat pillows

For Parents/Kids' Stuff

- Broken toys
- Clothes your kids have outgrown
- School papers you don't need to keep
- Dried-out markers and crayons
- Random Happy Meal toys

In the Closet/Wardrobe

- Shoes that hurt your feet
- Bags you haven't used in years
- Scarves & accessories you forgot you had
- Old belts that don't fit
- Clothes that need repairs (but you never fix them)

Random Miscellaneous Clutter

- Old greeting cards (unless sentimental)
- Freebies / promotional items you don't use
- Half-used candles with no scent left
- Duplicates of items you don't need
- Empty gift bags you never reuse

In the Office/Desk Area

- Pens that don't work
- Old notebooks you don't need
- Expired coupons
- Outdated receipts and bills
- Mystery keys you don't know what they open

Garage, Storage, and Junk Drawer

- Old holiday decorations you don't use
- Dead batteries
- Rusty tools
- Expired cleaning products
- Anything "just in case" that hasn't been touched in years

Digital Clutter

1. Old screenshots you don't need
2. Unused apps taking up space
3. Hundreds of unread emails
4. Duplicate or blurry photos
5. Subscriptions you forgot about

Sentimental Clutter

- Unused wedding favours
- Old textbooks from school
- Dried flowers from years ago
- Unwanted gifts you're keeping out of guilt
- That one project you swear you'll finish but never do

Mental Clutter (Let it Go!)

- Guilt over getting rid of things
- Unfinished projects that stress you out
- Toxic social media accounts
- Worrying about what people think
- The idea that decluttering has to be perfect

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Did You Know?



Be patient. Be respectful. Be thankful.

If getting behind a tractor for a few minutes is the worst thing that happens to you today, you're living pretty well. Following a tractor for 2 miles at 20 mph takes only 6 minutes of your time.



CRANFORD COUNTY PUBLIC HEALTH
PREVENT • PROMOTE • PROTECT



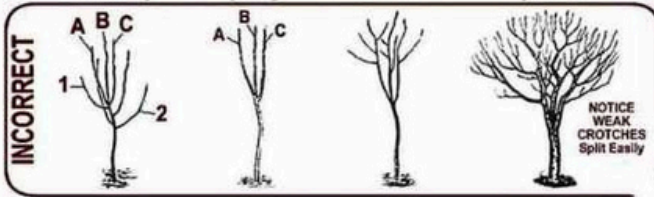
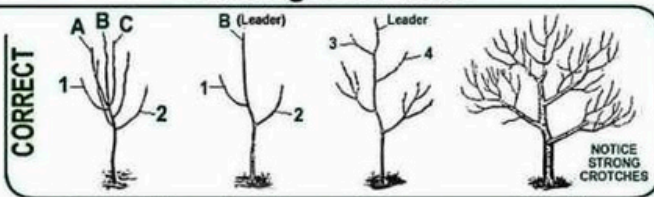
Instead of asking, what if I need this someday, ask, what if someone else, today, needs it more?

JULIA UBBENCA

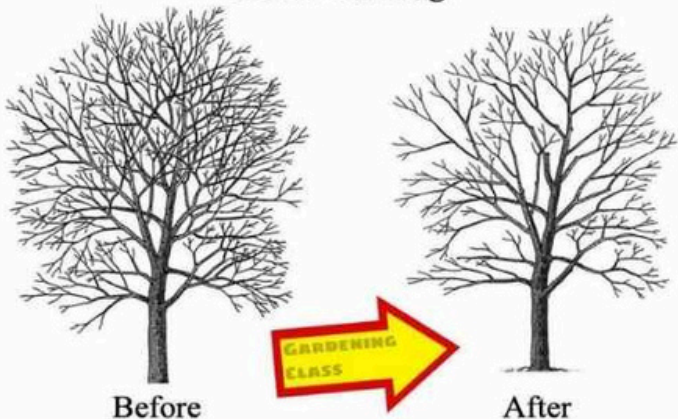
DONATE

imperfectly
SIMPLE

Pruning Fruit Trees



Crown Thinning



Roane County Neighborhood Watch Group

Frankie Hawn · 19h · 🗿



Roane County Sheriff's Office

20h · 🌐

****SCAM WARNING****

We've been notified by a resident that someone claiming to be a representative of the Roane County Sheriff's Office has contacted them notifying them that they or a family member has pending warrants for their arrest, and pressures them to pay a fine to avoid jail. Do not send any money to these individuals, this is a scam. To verify any correspondence from the Sheriff's Office you can call 865-717-4777 or 865-354-8045.



Pets



DON'T LEAVE DOGS ALONE IN CARS

Dogs can't sweat to cool down like humans can. They also can't unlock a door, roll down the window, or call for help. Pets or children just aren't safe in vehicles unattended, even if it's only for a few minutes.



When to avoid petting a dog:

- If the dog is not with its owner
- If the owner does not give permission to pet the dog
- If the dog is behind a fence
- If a dog is sleeping or eating
- If a dog is sick or injured
- If a dog is playing with a toy
- If a dog is growling or barking
- If a dog appears to be hiding or seeking time alone

NATIONAL DOG BITE PREVENTION WEEK

#PreventDogBites
avma.org/DogBite



@avmavets

Car Heat Dangers

| Elapsed Time (minutes) | Outside Air Temperature (°F) | | | | | |
|------------------------|------------------------------|-----|-----|-----|-----|-----|
| | 70 | 75 | 80 | 85 | 90 | 95 |
| 0 | 70 | 75 | 80 | 85 | 90 | 95 |
| 10 | 89 | 94 | 99 | 104 | 109 | 114 |
| 20 | 99 | 104 | 109 | 114 | 119 | 124 |
| 30 | 104 | 109 | 114 | 119 | 124 | 129 |
| 40 | 108 | 113 | 118 | 123 | 128 | 133 |
| 50 | 111 | 116 | 121 | 126 | 131 | 136 |
| 60 | 113 | 118 | 123 | 128 | 133 | 138 |
| More than 1 hour | 115 | 120 | 125 | 130 | 135 | 140 |

See Heat Stroke Symptoms at www.mass.gov, San Francisco State University



Don't Let Me Overheat!

Call for Help



Keep Your Dog Safe in the Summer Heat

Limit Activity on Hot Days

Stick to short walks in the early morning or evening when it's cooler. Be sure to bring plenty of water.



Never Leave Your Dog in a Car

The inside of an automobile can soar to dangerous temperatures in minutes, even in the shade or with the windows cracked.



Know the Signs of Overheating

Dogs cool themselves by panting, but on hot, humid days, that may not be sufficient. Watch out for nonstop panting, excessive drooling, hot skin, weakness, and lack of coordination.



Keep Your Hound Hydrated

Set up water stations around your home to ensure your dog has a constant supply. Add a few ice cubes to keep the water cooler longer.



Be Aware of Your Dog's Risk

Pugs, bulldogs, and other brachycephalic or "flat-faced" breeds are prone to heatstroke since they pant less efficiently than dogs with longer snouts.



The risk is also greater if a dog has a dark coat, is very young or old, is overweight, or has a heart or respiratory condition.

Prevent Sunburn

The risk is greater for dogs with short hair, pink skin, or light-colored fur. Keep them out of the sun during peak hours (from 10am to 4pm).



Cooling an Overheated Dog

Move your dog inside or out of direct sunlight. Use a hose to mist your dog's body or apply cool, wet towels to your dog's armpit and groin regions. Avoid ice packs. If you suspect heatstroke, seek veterinary care immediately.



Schwarzman
Animal Medical Center
Usdan Institute for
Animal Health Education

Wildlife

4 Weird Facts About Hummingbirds

1. Hummingbirds have **HUGE brains** that make up 4.2 percent of their total body weight! In comparison, the human brain only makes up 2 percent.



2. They have crazy **flying skills**, with the ability to fly upside-down, backward and forward.



3. Their **tongues** are forked and work like tiny pumps to get them all the nectar they can eat.



4. Speaking of food, hummingbirds have to **eat** every 10 minutes or so to survive!



SOURCES: MENTAL FLOES, ASKABIODIGEST, ADDLEU

The Mighty Mosquito

AMERICAN HEARTWORM SOCIETY

She's TOUGH

Survives and thrives in a variety of climates and environments.

She's MOBILE

Lives indoors and outdoors. Willing to relocate.

Heartworms spread when a mosquito carrying larvae bites your unprotected pet.

She's HUNGRY

Drinks 3x her weight in blood, spreading heartworm larvae as she feeds.

She's SNEAKY

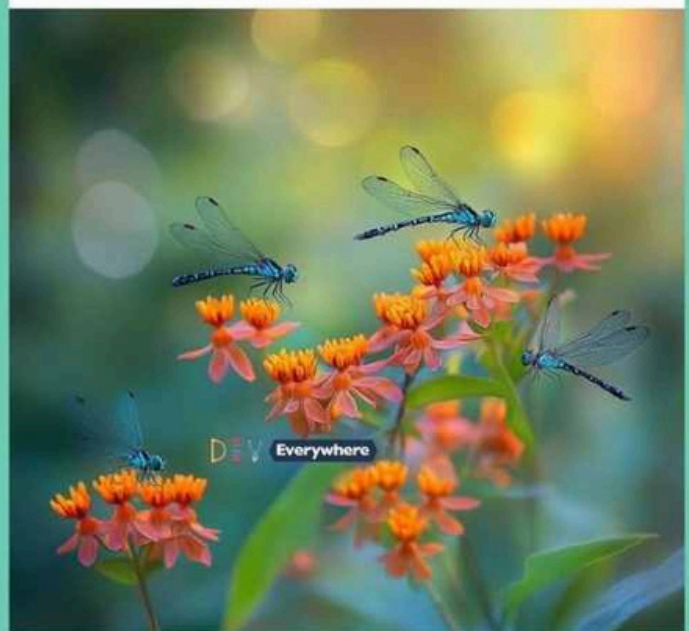
Mosquito "season" is impossible to predict. Protect your pets from heartworms year-round.

PROTECT YOUR PET FROM HEARTWORM 12 MONTHS A YEAR. TEST FOR HEARTWORM EVERY 12 MONTHS. heartwormsociety.org

Great reminder to always check your kayak before using it, especially heading into summer. This is a venomous cottonmouth.



1 dragonfly can eat 100s of mosquitoes a day: Keep these 12 plants in your yard to attract dragonflies



Wildlife

Did you know?

Otters have a pocket in their skin to keep their favourite rock in. Some keep the same rock their entire lives.



Turtle shells feel pain – Their shells are made of bone and contain nerve endings, so injuries to the shell can hurt just like broken bones.



If you spot me in your garden, kindly offer me some raw meat (not salted or minced; cat food is fine, but no fish) ♥ and water. Please avoid giving me milk, as it causes digestive issues and can lead to dehydration, which could be fatal. I'm naive and might drink it if I see it, so please keep it away from me! Please don't use insecticides or traps—they're dangerous. I'm harmless and beneficial to your garden because I help control pests that damage your plants. My species is endangered, so your support is crucial for my survival! Thanks so much for your kindness! ♥

BIRD COLLISION PREVENTION

Over 1 billion birds are killed in glass collisions in the U.S annually.
PREVENTING COLLISIONS IS INEXPENSIVE AND EFFECTIVE.
WWW.STOPBIRDCOLLISIONS.ORG

DIM LIGHTS AT NIGHT

- **Turn Off Unnecessary Lights** – Switch off outdoor and indoor lights, especially during migration.
- **Use Motion Sensors and Timers** – Light only when needed.
- **Shield and Direct Lights Downward** – Prevent light from spilling into the sky. Draw curtains to dim indoor light.
- **Use Warm, Low-Intensity Lighting** – Choose bulbs under 3000K to reduce bird disruption.

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TREAT GLASS BY DAY

- **Apply Bird-Safe Window Treatments** – Use deterrents with a 2" x 2" pattern to break up reflections. Window screens or netting can also be highly effective.
- **Reposition Bird Feeders and Baths** – Place feeders and baths either within 3 feet of windows (to reduce the speed of potential collisions) or more than 30 feet away to minimize risk.
- **Encourage Bird-Safe Building Practices** – Advocate for bird-safe glass and building designs in your community. Support legislation, talk to local businesses, and promote solutions.

The Wild Side

